



Tobacco Cessation Guidelines for High risk populations Project

The TOB-G project is funded under the EU 3rd Health Programme which is the main instrument that the Commission uses to implement the EU Health Strategy.

FACTS & FIGURES

- Approved under the EU 3rd Health Programme
- Duration: June 2014 - September 2017
- 5 partners, from 4 countries

Aims & Objectives

TOB-G project aims to develop and implement an innovative and cost effective approach to prevent chronic diseases related to tobacco dependence by developing specialized tobacco cessation guidelines for populations of high risk. The specialized guidelines for high risks groups will be developed according to ENSP's evidence based and good practices in tobacco cessation.

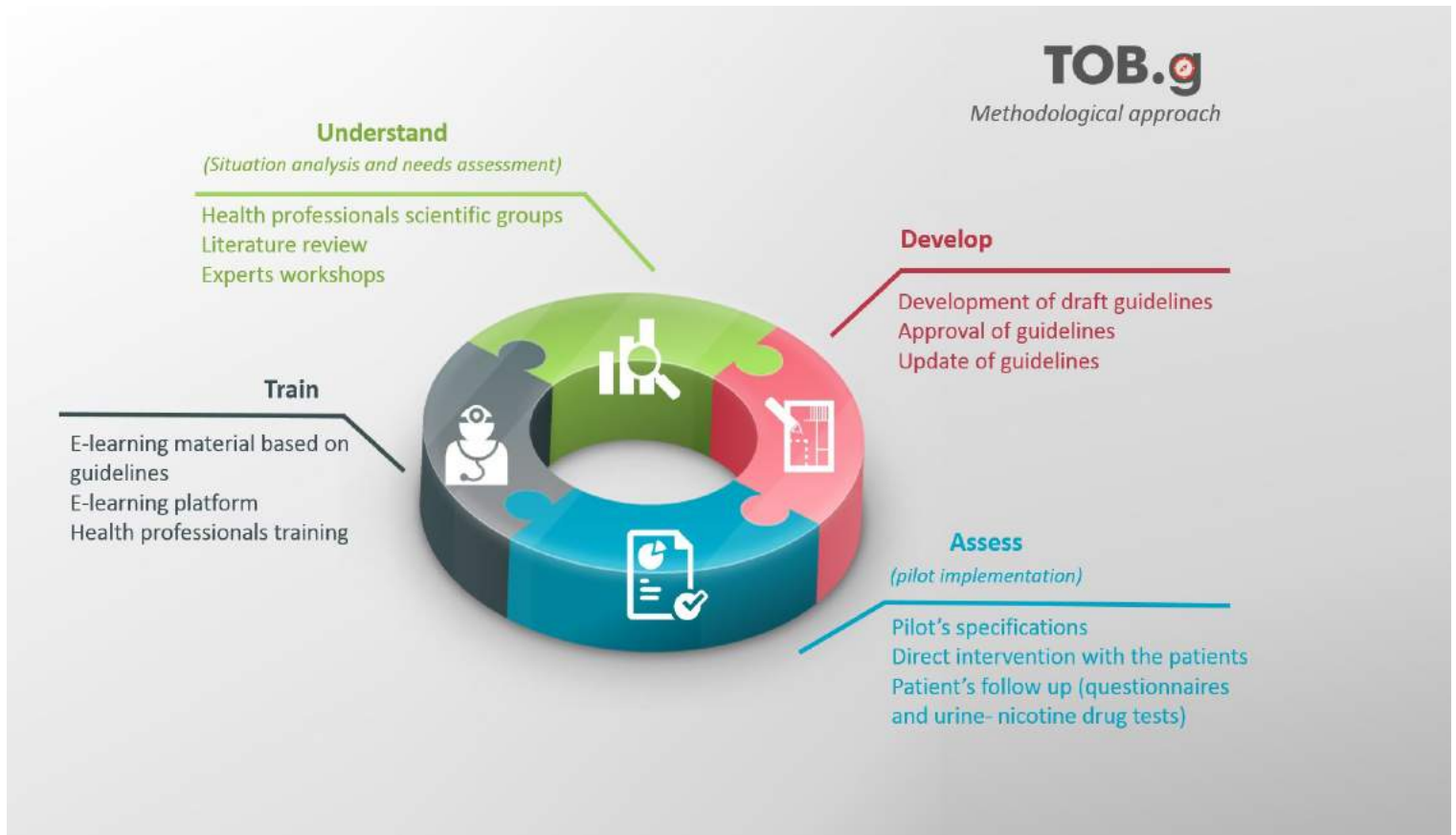
The high risk populations are people with:

- **cardiovascular diseases,**
- **COPD,**
- **Type 2 diabetes,**
- **adolescents & pregnant women.**



The project fits perfectly the objectives and priorities of the 3rd Health Programme, as it will assist health professionals to provide guidance and targeted preventive activities to high risk populations that are tobacco dependent .

The TOB-G project will enhance the overall European capacity in the treatment of tobacco dependence, through offering smoking cessation tools, appropriately assessed and fitted to the specific needs of high risk groups.



The Outcomes

SMOKING CESSATION GUIDELINES

will be developed based on the specific needs of high risk groups which are the target group of the project

The main project outcome is a set of smoking cessation guidelines for each target group. The guidelines developed will contain strategies and recommendations designed to assist health professionals in delivering and supporting effective

treatment of tobacco dependence. Recommendations will be made as a result of scientific reviews and evidence of good practices from scientific groups that will consist of health professionals of different expertise in Europe.

E-LEARNING COURSE FOR HEALTH PROFESSIONALS

An e-course addressed to health professionals will be developed based on the finalized Tobacco Cessation Guidelines. The e-course will be hosted on an e-learning platform designed for the needs of the TOB-G project. The e-course and the plat-

form will be available after the end of the project. E-learning training sessions will be offered to a minimum of 100 health professionals at the end of the project on how to successfully implement the Tobacco Cessation Guidelines to their patients.



The Partnership

- 

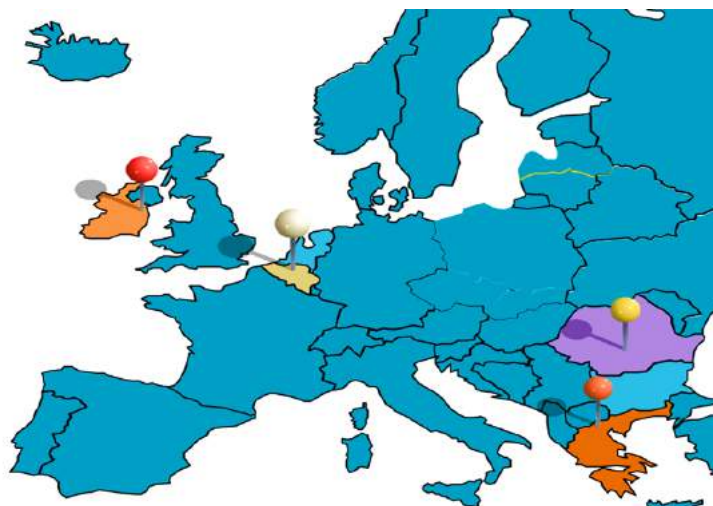
P1 KEELPNO GR
- 

P3 CMT GR
- 

P2 ENSP BL
- 

P4 S.C. ANLET MED S.R.L. RO
- 

P5 TRFI IR



LEAD Panagiotis K. Behrakis (Principal Investigator)

ENSP, European Network for Smoking and Tobacco Prevention

ENSP is a European network with significant experience on matters relevant to tobacco prevention and cessation and members from most of the EU Member States, as well as other European countries. ENSP, which has published general Smoking Cessation Guidelines, serves also as a platform of best practices for policy analysis, advocacy, research and capacity building.

**LEAD: Cornel Radu Loghin
Dominick Nguyen**



KEELPNO, The Hellenic Center for Disease Control and Prevention

The Hellenic Center for Disease Control and Prevention (KEELPNO) is a main National Public Health Organization in Greece working, also, on prevention, increasing awareness of community; on health promotion; and on giving an emphasis upon issues related to tobacco cessation. KEELPNO's highly qualified, multidisciplinary personnel has a strong experience in managing and coordinating projects on Public Health sector and it is comprised by experts on financial, project and risk management.

**LEAD: Panagiotis K. Behrakis
Constantine Vardavas**



TRFI, The Tobacco Free Research Institute Ireland

TRFI is an Irish organization, aiming at providing an evidence base for creating a tobacco free society. TRFI has experience in research and monitoring of tobacco related issues throughout Europe and has published scientific papers on cessation services, while it has also delivered Smoking Cessation Services in Dublin

LEAD: Luke Clancy



CMT Prooptiki Ltd

CMT is a consulting firm with significant experience in the health care sector offering among other evaluation services on interventions, projects and programmes mainly in issues relevant to health promotion and policy

LEAD: Tasos Mastrogiannakis



S.C.ANLET MED S.R.L

S.C.ANLET MED S.R.L. has specialized on clinical research in respiratory diseases and offers consultancy and training services, as well as support in the field of tobacco use and addiction

LEAD: Antigona Trofor



Expected Impact

The expected impact of the TOB-G project outcomes will be:

- a. More effective and appropriate treatment of tobacco dependence
- b. Quicker diagnosis of tobacco related diseases
- c. Long term prevention of tobacco related diseases (healthier babies and adults, less medical complications, fewer deaths);
- d. Better trained physicians and practitioners
- e. Promote healthy lifestyles &
- f. Promote healthy role-models.



Next steps

- 6th of April: 2nd progress meeting in Brussels
- Month X: Finalization of draft guidelines for tobacco cessation for the 5 target groups
- Month X: Beginning of the pilot sessions
- Month X: Launch of the training course

More information

The TOB-G project started in June 2015 and will be completed in September 2017.

Project partners are delighted to respond to any enquiry you may have with regard to any of the TOB-G deliverables and events planned. For more information you can visit the project website at <http://tob-g.eu/> to fill out the online contact form or to discover your closest project partner.

We hope to hear from you soon!

This project has been funded with support from the European Commission.

Neither the European Commission nor any person acting on behalf of the European Commission is responsible for the use which might be made of the information contained herein. The views in this publication are those of the author and do not necessarily reflect the policies of the European Commission.